

Natural
Awakenings
Houston
Celebrates the
**2010 Texas
Yoga
Conference**

in February
*recognizing those
teachers and centers
committed to the
well-being of our
community.*



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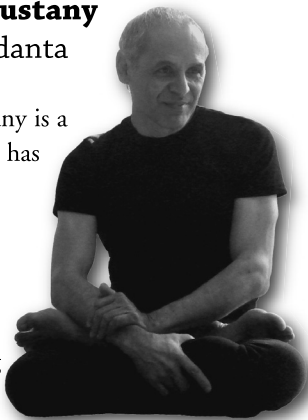
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Robert Boustany
Advaita Vedanta

Robert Boustany is a physicist, who has been teaching yoga for 40 years. He is known for a detailed understanding of the anatomy of poses, and will often give energetic and therapeutic reasons for alignments. His background is primarily Ashtanga, Iyengar, Forrest and Sivananda yoga, though he has studied extensively many esoteric forms of yoga, qigong, etc. He has extensive understanding of therapeutics and self-care, and has trained yoga instructors since the early 1970s. His philosophic perspective is Advaita Vedanta based on physics, detailed observation and understanding perception and language.



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